



a little

MENU

- Children with allergies, intolerances, food preferences, or cultural needs are offered a tailored version of the regular menu to support their individual requirements.
 - Fruit bowls are available in each room throughout the day for children to enjoy.
- Infants eating solids are offered a variety of healthy foods every day including iron rich foods, fruit, vegetables, grains and milk products. Foods are all appropriate texture for infants age.



Our Menus are designed for little tummies.



We design seasonal menus using fresh, in-season produce sourced right here in Gippsland. Each season features a rotating four-week menu, ensuring nutritious meals while keeping parents in the loop about what's being served and when.



Wednesday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Thai green chicken curry with naan

Afternoon Tea

Muesli fruit slice

Snack

Thursday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Chicken chow mein

Afternoon Tea

Berry muffins

Snack

Friday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Beef tacos

Afternoon Tea

Assorted wraps

Snack





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Monday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Zucchini slice

Afternoon Tea

Cornflake biscuits

Snack

Tuesday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Sausage rolls

Afternoon Tea

Assorted sandwiches

Snack



Wednesday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Moroccan chicken with couscous

Afternoon Tea

Banana bread

Snack

Thursday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Corned beef, mash and veg

Afternoon Tea

homemade assorted pizza

Snack

Friday

Breakfast

Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.

Morning Tea

Seasonal Fruit

Lunch

Tuna mornay

Afternoon Tea

Crumpets

Snack



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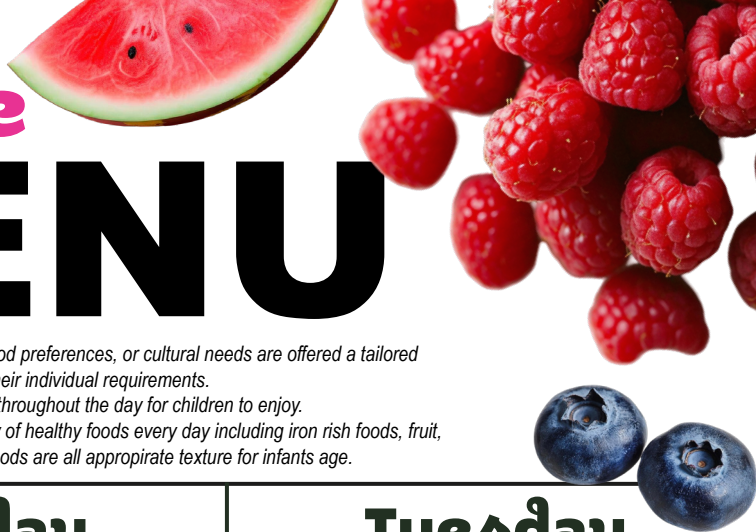


Monday	Tuesday
<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Cauli, broccoli mac with garlic br</div> <div>Afternoon Tea</div> <div>Date loaf</div> <div>Snack</div>	<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Shephards pie</div> <div>Afternoon Tea</div> <div>nachos with beans, salsa, chees</div> <div>Snack</div>
Thursday	Friday
<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Lamb souvlaki</div> <div>Afternoon Tea</div> <div>Banana custard</div> <div>Snack</div>	<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Tandoori chicken and rice</div> <div>Afternoon Tea</div> <div>Cornflake slice</div> <div>Snack</div>



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Thursday	Friday
<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Beef lasagne and garlic bread</div> <div>Afternoon Tea</div> <div>muffins with various toppings</div> <div>Snack</div>	<div>Breakfast</div> <div>Cornflakes, weetbix, rice bubbles, assorted wholemeal toast w/ vegemite or jam.</div> <div>Morning Tea</div> <div>Seasonal Fruit</div> <div>Lunch</div> <div>Crumbed fish, mash and veg</div> <div>Afternoon Tea</div> <div>Assorted platter dips, cheese, bisc etc</div> <div>Snack</div>

